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TCGP Policy & Procedure

Transgender & Gender Diverse (TGD) Care

Purpose

To foster a respectful, inclusive, and safe environment for all transgender and gender diverse (TGD) patients at The Crane General Practice. This policy underscores our commitment to providing comprehensive, patient-centred, gender-affirming care, ensuring staff are well-trained, and attracting TGD patients to our practice.

Policy

- **Inclusive Environment:** Create a welcoming space that respects and acknowledges diverse gender identities and expressions.
- **Respectful Communication:** Use patients' affirmed names and pronouns consistently, as recommended by the RACGP.
- **Confidentiality:** Safeguard all personal information, particularly regarding gender identity and assigned sex at birth.
- **Ongoing Education:** Provide regular training for staff on TGD-inclusive practices and the unique health needs of TGD individuals.

Procedure

Services for Trans and Gender Diverse Patients

We are dedicated to supporting the health and well-being of TGD patients through:

- **Gender-Affirming Care:** Offering comprehensive gender-affirming treatments for individuals aged 16 and above, including hormone therapy and oestrogen implants.
- **Holistic Health Services:** Providing general physical and mental health care with a trauma-informed approach, as emphasized by the RACGP.
- **Preventive and Sexual Health:** Conducting preventive care and sexual health screenings tailored to the needs of TGD individuals.
- **Referral Network:** Facilitating access to allied health and specialist services to ensure comprehensive care.

Staff Expectations

- **Affirmed Identity Recognition:** Respect and use each patient's affirmed name and pronouns, documenting them accurately in medical records.
- **Inclusive Language:** Employ gender-neutral language and avoid assumptions about a patient's gender identity or medical needs.
- **Continuous Learning:** Participate in ongoing professional development to stay informed about best practices in TGD healthcare.
- **Advocacy:** Support TGD patients by advocating for their needs within the healthcare system and addressing any discriminatory behaviour promptly.

Patient Resources

- [Transhub – Health Information for Trans People](#)
- [Your Community Health – Gender Affirming Healthcare in Melbourne](#)
- [Minus18 – Youth Resources and Support](#)

Staff Training & Clinical Resources

- [Affirmative Care for Trans, Gender Diverse and Non-Binary People: Best Practices for Health Care Staff](#)
- [Transhub for Clinicians – ACON](#)
- [RACGP – Supporting the health of trans patients in the context of Australian general practice](#)

Acknowledgment & Agreement

By signing below, you acknowledge that you have read, understood, and agree to comply with this policy.

Signature:

Name:

Date: